

9to5strength - Pizza Hut Nutrition Tables

Pizza Hut - Small Classic

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	1116	57	118	7	46	18	4.4
BBQ Meat Feast	1092	50	155	12	44	17	4.8
Super Supreme	1092	49	120	8	47	17	4.7
Meat Feast	1068	50	119	7	44	17	4.4
Pepperoni Feast	1050	44	116	7	46	19	3.8
Meatysaurus	996	46	124	13	36	13	3.8
Texas BBQ	966	48	121	11	32	12	3.7
Margherita	906	38	116	7	32	14	2.9
Chicken Supreme	870	41	116	7	27	10	2.6
Hawaiian	864	37	119	10	27	10	3.1
Farmhouse	852	37	115	6	27	10	3.1
Veggie Supreme	846	34	119	10	26	10	2.5
Veggie Sizzler	846	34	119	10	26	10	2.9

Pizza Hut - Gluten Free

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	1464	68	128	14	74	29	6.8
BBQ Meat Feast	1408	56	137	20	69	27	7.7
Super Supreme	1400	53	130	15	72	27	7.1
Pepperoni Feast	1384	46	124	13	76	32	6.3
Meat Feast	1384	57	129	14	70	27	7.3
Meatysaurus	1312	57	135	22	58	21	6.6
Texas BBQ	1160	50	130	19	46	18	5.5
Margherita	1072	34	123	13	46	20	4.2
Hawaiian	1008	34	128	17	38	14	4.9
Chicken Supreme	1008	39	124	14	37	14	3.8
Farmhouse	992	34	123	12	38	14	4.9
Veggie Supreme	968	27	128	17	37	14	3.5
Veggie Sizzler	968	27	129	17	37	14	4.2

Pizza Hut - Medium Classic

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	1656	90	158	11	74	30	7.4
BBQ Meat Feast	1608	78	167	18	71	29	7.9
Super Supreme	1600	74	161	12	74	29	7.4
Meat Feast	1576	78	159	11	71	29	7.4
Pepperoni Feast	1560	67	154	10	100	33	6.3
Meatysaurus	1472	72	166	19	58	21	6.2
Texas BBQ	1352	70	161	16	47	19	5.6
Margherita	1280	56	154	10	49	22	4.4
Hawaiian	1208	55	158	14	40	16	5.1
Chicken Supreme	1208	61	154	11	39	39	4.1
Farmhouse	1192	55	154	9	40	16	5.1
Veggie Supreme	1168	49	158	14	38	16	3.8
Veggie Sizzler	1144	49	159	14	35	14	4.5

Pizza Hut - Large Classic

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	2380	125	229	18	108	44	10.1
Pepperoni Feast	2340	101	225	16	115	50	9.8
BBQ Meat Feast	2340	111	247	31	101	41	11.8
Super Supreme	2300	106	233	20	106	42	11.3
Meat Feast	2260	111	230	18	101	41	10.8
Meatysaurus	2170	107	246	34	85	31	9.6
Texas BBQ	2000	103	238	29	70	28	8.7
Margherita	1870	83	224	16	72	33	6.6
Hawaiian	1760	81	231	23	57	24	7.6
Chicken Supreme	1760	87	225	18	57	24	6.0
Farmhouse	1740	82	223	15	58	24	7.6
Veggie Supreme	1710	72	230	23	56	23	5.6
Veggie Sizzler	1710	71	231	22	56	23	6.5

Pizza Hut - Large Italian

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	1970	112	167	17	96	41	8.7
Pepperoni Feast	1930	88	162	15	103	48	8.4
BBQ Meat Feast	1930	98	184	30	89	39	10.4
Super Supreme	1900	93	170	18	95	39	9.2
Meat Feast	1890	100	168	18	91	40	9.7
Meatysaurus	1770	94	183	32	73	29	8.2
Texas BBQ	1590	91	176	28	58	26	7.3
Margherita	1460	70	161	15	60	30	5.2
Hawaiian	1360	68	168	21	46	22	6.2
Chicken Supreme	1350	74	162	17	45	21	4.6
Farmhouse	1330	69	161	14	46	22	6.2
Veggie Supreme	1300	59	168	22	44	21	4.2
Veggie Sizzler	1300	59	169	21	44	21	5.1

Pizza Hut - Large Pan

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
Pepperoni Feast	2730	111	250	15	143	58	11.7
The Meaty One	2730	132	252	15	132	49	11.7
BBQ Meat Feast	2690	118	269	28	126	47	13.3
Super Supreme	2660	113	255	16	131	47	12.2
Meat Feast	2620	119	253	16	126	47	12.5
Meatysaurus	2530	114	268	30	109	37	11.1
Margherita	2260	93	247	15	99	40	8.6
Hawaiian	2120	88	253	19	83	30	9.0
Chicken Supreme	2110	92	248	15	82	29	7.6
Farmhouse	2100	94	246	12	83	30	6.3
Veggie Supreme	2060	79	253	19	81	29	7.0
Veggie Sizzler	2060	78	254	18	81	29	8.0
Texas BBQ	1970	112	167	17	96	41	8.7

Pizza Hut - Large Stuffed Crust

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	2780	154	257	14	126	60	8.9
Pepperoni Feast	2740	130	252	12	133	64	8.5
BBQ Meat Feast	2740	140	274	27	119	58	10.5
Super Supreme	2700	135	259	15	125	58	13.8
Meat Feast	2670	140	258	14	119	58	9.6
Meatysaurus	2580	136	273	30	103	47	12.7
Texas BBQ	2410	133	266	25	88	45	7.5
Margherita	2270	112	251	12	90	49	5.4
Hawaiian	2170	110	258	19	76	40	6.4
Chicken Supreme	2160	116	252	14	75	40	4.8
Farmhouse	2150	111	251	11	77	40	6.4
Veggie Supreme	2110	101	258	19	74	40	4.4
Veggie Sizzler	2110	100	259	18	74	40	5.3

Pizza Hut - Large Cheesy Bites

PRODUCT	CALORIES	PROTEIN	CARBS	SUGARS	FAT	SAT. FAT	SALT
The Meaty One	2800	155	259	14	127	60	9.5
Pepperoni Feast	2760	131	255	12	134	67	9.1
BBQ Meat Feast	2760	141	277	27	120	58	11.1
Super Supreme	2720	135	262	15	126	58	14.4
Meat Feast	2690	141	260	14	120	58	10.2
Meatysaurus	2600	137	276	30	104	48	13.3
Texas BBQ	2430	133	268	26	89	45	8.1
Margherita	2290	113	254	12	91	49	6.0
Hawaiian	2190	111	261	19	77	41	7.0
Chicken Supreme	2180	117	255	14	76	40	5.4
Farmhouse	2170	112	253	11	78	41	7.0
Veggie Supreme	2130	102	260	19	75	40	5.0
Veggie Sizzler	2130	101	261	18	75	40	5.9